



Sivananda Canada

Advisory Council Ordinary Meeting

Saturday May 23 2020

Members present: Emily (Chair), Gopala (Secretary), Gita, Saranam, Vishu, Ken, Pranavati, Yamuna, Mayavan. Quorum is observed.

Recommendations to Sivananda Canada Directors

Question 1: Some centers within the organization are conducting an online Teacher Training Course. Is this in line with our teaching and should we be offering online TTC right now in Canada?

Votes:

- a) Do we agree in principle to teach the TTC Online, as an temporary measure given the present circumstances?

8 for, 1 against

- b) The online courses would need to be complemented by a *two-weeks* immersion at the Camp?

8 for, 1 against

- c) The online TTC could be done 100% online

Unanimously against

- d) We should wait until the situation calms down to give a regular TTC

Unanimously against

- e) Conduct TTC in-person with less students would be a great option, with the respect of all sanitary measures?

Unanimously for

→ Online TTC is only a temporary measure, and the regular 4 weeks-immersion TTC should be reestablished as soon as the situation settles.

Unanimously for:

Varia :

a) AC calls the EBM to practice institutional courage. Institutional courage is defined by psychologist Dr. Jennifer Freyd as:

“An institution’s commitment to seek the truth and engage in moral action, despite unpleasantness, risk, and short-term cost. It is a pledge to protect and care for those who depend on the institution. It is a compass oriented to the common good of individuals, the institution, and the world. It is a force that transforms institutions into more accountable, equitable, healthy places for everyone.”

Unanimously approved

b) Proposal to put-up a research team/committee looking at the services offered to the KY and staff in Canada locations (including counselling services and leaving procedure for permanent staff).

Unanimously approved.

Pranavati, Sharanam, Vishnu and Mayavan will form that committee and work together as much as they can. Committee will be formalised at the next meeting

c) Recommend to the Directors to publish minutes/recommendations or not.

i- The names should not figure in the minutes while expressing opinions:

Unanimously approved

ii- Detailed Recommendations should figure in the Minutes:

7 for, 2 against

iii- Minutes should be published (vs. made publicly available):

Unanimously against

iv- Recommendations should be published:

4 for, 5 against

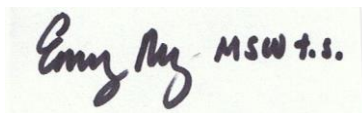
v- Recommendations should be publicly available:

7 for, 2 against

vi- Importance of a disclaimer explaining that our body doesn't represent Sivananda Canada:

Unanimously approved

Recommendations Approved May 23, 2020



Emily Moody
Chair

A. Tari

Gopala (Alexandre Tari)
Secretary