



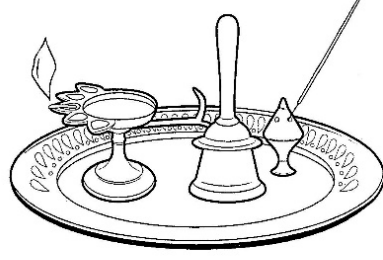
Āratī

Ceremony of Light

Āratī is a ceremony of light performed at the end of a satsang. Lights are waved before the different representations of the Divine. The Divine is light itself. Camphor is usually used during this ceremony, which has a symbolic significance; the lighting of camphor (which melts as it burns) denotes that the individual ego should melt like the camphor, and the Jivatman (individual soul) should become one with the supreme Light of Lights.

After the āratī, the prasād – consecrated food, usually sweets – is distributed to all attending the satsang.





Āratī

**Jaya jaya āratī Vighnavināyaka
Vighnavināyaka śrī Gaṇeśa**

We wave the light for victory to Gaṇeśa (Vighnavināyaka), who is the remover of calamities and who is all-auspiciousness.

**Jaya jaya āratī Subrahmaṇya
Subrahmaṇya kārṭikeya**

We wave the light of victory to Subrahmaṇya, whose other name is Kārṭikeya.

**Jaya jaya āratī Veṅugopāla
Veṅugopāla Veṅulola
Pāpavidūra navanīta cora**

We wave the light of victory to Veṅugopāla (Gopāla, a form of Kṛṣṇa, the player of the flute), who longs for his flute. He is the remover of sins and stole butter (from the Gopis, when he was a child.)

**Jaya jaya āratī Venkaṭaramaṇa
Venkaṭaramaṇa saṅkaṭaharaṇa
Sītā Rāma Rādhe śyāma**

We wave the light of victory to the remover of calamity (Venkaṭaramaṇa, a form of Viṣṇu, whose temple is on the Venkaṭa mountain), and to Sītārāma and Rādheśyāma (different incarnations of Viṣṇu with their consorts ũ Sītā and Rāma, Rādhā and Kṛṣṇa or Śyāma).

**Jaya jaya āratī Gaurī manohara
Gaurī manohara bhavānī śaṅkara
Sāmba Sadāśiva Umā Maheśvara**

We wave the light of victory to Gaurī manohara (Śaṅkara) and various other forms of Lord Śiva.



**Jaya jaya āratī Rāja Rājeśvarī
Rāja Rājeśvarī Tripura Sundarī
Mahā Lakṣmī Mahā Sarasvatī
Mahā Kālī Mahā Śakti**

*We wave the light of victory to Rāja Rājeśvarī.
The other names are different names of the Divine Mother.*

**Jaya jaya āratī Ātjaneya
Ātjaneya Hanūmānta**

We wave the light of victory to the son of Atjanā (Ātjaneya), Hanūmān.

**Jaya jaya āratī Dattātreyā
Dattātreyā Trimūrti avatāra**

*We wave the light of victory to Dattātreyā, Trimūrti avatāra ū a sage who
is an incarnation of the trinity Brahmā, Viṣṇu and Śiva.*

**Jaya jaya āratī Ādityāya
Ādityāya Bhāskarāya**

We wave the light of victory to the Sun (Āditya, Bhāskara).

**Jaya jaya āratī Senīśvaraya
Senīśvaraya Bhāskarāya**

We wave the light of victory to the planet Saturn (Senīśvaraya).

**Jaya jaya āratī Śaṅkarācārya
Śaṅkarācārya advaita gurave**

*We wave the light of victory to Śrī Śaṅkarācārya, the celebrated Guru
of non-duality.*

**Jaya jaya āratī Sadguru nātha
Sadguru nātha Śivānanda**

We wave the light of victory to Swami Sivananda.

**Jaya jaya āratī Viṣṇudevānanda
Viṣṇudevānanda Viṣṇudevānanda**

We wave the light of victory to Swami Vishnudevānanda.



**Jaya jaya āratī Agastya munaye
Agastya munaye śrīrāmapriyāya**

We wave the light of victory to the sage Agastya, who was very dear to Lord Rāma.

**Jaya jaya āratī Ayyapā svāmiye
Ayyappā svāmiye dharmasāstave**

We wave the light of victory to Ayyapā Swāmī, who was the son of both Viṣṇu and Śiva, and ruled the religions.

**Jaya jaya āratī Jesus gurave
Moses gurave Buddha gurave
Jaya jaya āratī Moḥammed gurave
Guru nānak gurave
Samasta gurubhyo namaḥ**

We wave the light of victory to Jesus, Moses, Buddha, Mohammed, Guru Nanak (the Guru of the Sikh religion) and to all Gurus and prophets.

Jaya jaya āratī Veṅugopāla

We wave the light of victory to Veṅugopāla (Gopāla, a form of Kṛṣṇa, the player of the flute).

**Om na tatra sūryo bhāti
Na candratārakam
Nemā vidyuto bhānti kuto 'yamagniḥ
Tameva bhāntam anubhāti sarvam
Tasya bhāsā sarvamidam vibhāti**

**Om gaṅge ca yamune caiva
Godāvari Sarasvatī
Narmade sindhu kāveri
Namastubhyaṃ namo namaḥ**

ō Neither the sun shines there, nor the moon, stars, and lightning. So from where does its light come? When That shines everything shines after That. By its light everything else is lit.ō

Seven holy rivers are invoked: Gaṅgā, Yamunā, Godāvarī, Sarasvatī, Narmadā, Sindhu, Kāveri.



Dedication Song

**Tvameva mātāca pitā tvameva
 Tvameva bandhuś ca sakhā tvameva
 Tvameva vidyā draviṇaṃ tvameva
 Tvameva sarvaṃ mama devadeva**

O god of gods, Thou alone art my mother, father, relative, friend, learning, wealth and everything.

**Kāyena vācā manasendriyairvā
 Buddhyātmanā vā prakṛtesvabhāvāt
 Karomi yadyat sakalaṃ parasmai
 Nārāyaṇāyeti samarpayāmi**

Whatever actions I perform with my body, speech, mind, senses, intellect, my nature or my emotions, all these I dedicate to the Supreme Lord.

**Sarva dharmān parityajya
 Māmekam śaraṇaṃ vraja
 Ahaṃ tvā sarva pāpebhyaḥ
 Mokṣayiṣyāmi mā śucaḥ**

Abandoning all duties, take refuge in Me (the Lord) alone, I will liberate thee from all sins, grieve not. From Bhagavad Gītā XVIII, 66.

