



Release Form, Limitation of Liability and Consent to use Personal Information

Yoga Vacation other Programs/Workshops

Sivananda Yoga Vedanta Centre (“SYVC”)

I, _____, acknowledge that I have enrolled in a SYVC Yoga Vacation, courses and programs at one of the Sivananda Yoga Vedanta Centers of SYVC. I realize that my stay during the SYVC Yoga Vacation, courses and programs is in recognition of a personal retreat or informal training, and not a statement of certification».

Release and limitation of Liability

In registering for and participating in an SYVC Yoga Vacation, courses and programs, I hereby express my understanding, acknowledgement and agreement as follows:

- (i) I will be involved in physical activity and, as with any physical activity, there is a risk of injury;
- (ii) While SYVC staff, facilitators and instructors have advised that they make every reasonable effort to minimize exposure to known risks, I have been advised that none of the SYVC staff, facilitators, instructors or volunteers are licensed medical care providers and they have no expertise in determining the effect of any specific activity on a medical condition;
- (iii) SYVC recommends that, before participating in any SYVC Yoga Vacation, courses and programs, I consult with my physician to ensure that my physical condition permits safe participation in a SYVC Yoga Vacation, courses and programs;
- (iv) By participating in a SYVC Yoga Vacation, courses and programs, I am certifying that my level of physical condition as determined by myself and/or my physician will allow me to safely participate in this program;

- (v) I am participating voluntarily and do so at my own risk;
- (vi) I hereby fully release the SYVC and its officers, directors, agents, staff, employees, facilitators, instructors, volunteers and sponsoring agencies from all claims or lawsuits for any injuries, death, property damage or theft, losses, or any other liability of any kind, arising directly or indirectly out of my participation in an SYVC Yoga Vacation, courses and programs;
- (vii) I understand and agree that, although SYVC endeavors to impart the importance of integrity and ethics in the activities they offer, SYVC is not responsible for the actions of those who also partake in this Yoga Vacation, courses and programs;
- (viii) I acknowledge and agree that this Release Form, Limitation of Liability and Consent to use Personal Information is governed by and construed in accordance with the laws of the Province de Quebec and the federal laws of Canada applicable therein, without regard to the principles of conflict of law. This Release Form, Limitation of Liability and Consent to use Personal Information has been drafted in English at my request/*ce formulaire de décharge, limitation de responsabilité et consentement à l'utilisation de renseignements personnels a été rédigé en anglais à ma demande.*
- (ix) I irrevocably consent to the exclusive jurisdiction and venue of the Courts of the Judicial District of Montreal, Quebec, Canada, for all disputes arising out of or related to the SYVC Yoga Vacation, courses and programs
- (x) I recognize that this Release Form, Limitation of Liability and Consent to use Personal Information is a legal contract and that, by reading it carefully, I have complete knowledge of its contents.



I have read and understood this Release Form, Limitation of Liability and Consent to use Personal Information, I have signed it of my own free will and I am over the age of majority.

Signature _____

Date: _____